

Every 20,000 Miles (32000 KM)

Contact qualified service technician to check elevation assembly, replace any worn parts and lubricate elevation bushings.

Statistics

The Statistics screen allows tracking of equipment usage.

1. Press the **Cybex** logo icon  to display the **Access Toolbox** and **Lock Screen** options.
2. Press the **Access Toolbox** icon to access the *Toolbox* login screen.
3. Enter the sequence:     .
4. Press the **Statistics** icon to access the *Recorded Statistics* screen.
5. Locate and tap the icon for **Arc Trainer Totals**.

Statistics Menu	Display
Distance	Total accumulated miles or KM
Hours	Total time in active mode
Starts	Total number of workout sessions
Moves	Number of incline moves in 1% increments
On Time	Total number of hours the console has been on
On Battery	Total number of minutes the battery has been used
Days in svc	Number of days since install date

6. Exit Set Up Mode by tapping the **Toolbox** icon , then tap the **Home** icon . The screen will refresh.